

# Your personalised help for breast cancer

Get the app and regain control



 App Store

 Google play

 **owise**  
breast cancer

# How to share your data with your NHS hospital

1. Download the app via [www.owise.uk](http://www.owise.uk) or visit the iOS App Store or Google Play Store and search for OWise breast cancer.
2. Register and add the following invitation code:  
[W G H 18](#) for Western General OR  
[S T J 18](#) for St Johns
3. Confirm your account through the link you have been e-mailed.
4. Log in and fill in your profile details. Choose a username which does not reveal your identity. You can ask your doctor or nurse to give you the answers using the OWise brochure. If you don't know the answers don't worry, you can always add them later.
5. Click on **More** and *Add hospital access code* under My codes.
6. Add this hospital access code: **cic**
7. Go to Plan and enter your treatment plan. You're now ready to start using the app.
8. To enable sharing, go to **More** and click **Share my data**
9. Click **Share my data**  and choose NHS [Lothian](#) as the hospital.
10. You can add a note if you wish and then press Send.
11. If you click on your hospital you will see a Data Access Key that you will need to share with your breast cancer nurse or the hospital receptionist **within 7 days**.
12. Whenever you want to review the access details just go to the **Share my data** function where there is an option to stop sharing.

If you have any difficulties with any of the above please ask your breast cancer nurse or e-mail us at [questions@owise.uk](mailto:questions@owise.uk) or call us on 07436620686.